

# Green Tea at the Green Fish Cafe

## Everyday Maojian

Maojian is a bright and fresh tea. The perfect balance of floral aroma, chestnut sweetness and rich mouth-feel.

It is not astringent or overly vegetal, nor is it overly floral. It's a tea you can drink throughout the day.

£1.50 per person

## Puerh

Is China's great mystery tea famous for its health giving benefits, very low caffeine levels and rich, unique and comforting flavour.

The Chinese believe that Pu-erh has even greater health properties than other teas. From a Chinese Medical point of view, Pu-erh invigorates the Spleen, disinhibits dampness, clears Stomach heat, descends Stomach qi and counteracts alcohol toxins. Pu-erh's ability to aid fat metabolism has lead to claims that it can assist in weight loss regimes.

£1.50 per person

## Mao Feng (Yellow Mountain)

One of China's ten famous teas, it grows on Huang Shan Mountain, a region known for its high rainfall and humidity and frequent mists.

It has a complex aroma with a sweet floral taste, and just a trace of nuttiness.

Its emerald leaves give a deep amber infusion.

£1.50 per person

## Yellow Gold Oolong

This tea has an aroma of blossoming lilies. Its flavour is equally alluring. Hailing from the sub-tropical climes of Fujian, it is incredibly complex, combining the full-bodied flavour typical of oolongs with the wild mountain grass freshness found in young green teas.

£2.00 per person

## Oolong tea with sweet-scented Osmanthus

Produced by scenting Oolong tea with fresh Osmanthus flowers, combining the sweet osmanthus fragrance with the fruity sweet nature of the Oolong.

When infused, the tea leaves release the lovely sweet and pleasant aroma of Osmanthus flower. The tea is refreshingly light and has a hint of peachy flavour.

£2.00 per person

## Long Jing (West lake)

One of the most sought after green teas in the world. The traditional method of making Dragon Well is what really sets it apart. Each individual tea bud is hand-pressed and shaped in a wok to achieve the perfect level of roasting. The resulting emerald liquor has a magical flavour of sweet chestnut and touches of soft spring flowers.

£2.00 per person

## White Jasmine Pearls

This beautiful tea is made by twisting together long downy leaf-bud sets and rolling them into delightful little silvery pearls. They are then scented five to seven times with fresh, aromatic flowers (mostly jasmine). The pearls unwind and 'blossom' beautifully in the pot to produce an exquisitely fragrant tea with a long-lasting warm and fruity flavour.

£2.00 per person